Superheroes Unite. We’re in this Together.
Bullying is messy & complicated. It’s a tangled ball.
But, hey, we’re parents. We’re not afraid of messy.

Dive into the book
Build skills while you’re building community
Use the book, Superheroes Wear Mom Jeans: The Tangled Ball®
Guide to Anti-Bullying for Parents of Young Children, as a resource
to raise awareness, funds, and most importantly, little leaders.

Create a book club for parent groups
Join old friends while meeting new ones
Unravel the Tangled Ball of Bullying together. Use the chapter discussion
questions included in the book for meaningful conversations.

Schedule an author visit
An author and an ally
Susan S. Raisch, author, speaker and founder of Tangled Ball.com can partner
with you and present best tips from top experts from Harvard, Yale,
International Bullying Prevention Association (IBPA), and other resources.

Fundraise!
Raise money for school resources
Sponsor a Superheroes Night Out: a fun, informative evening for
parents. Involve businesses and foundations in the Superhero Mom
Movement. Ask for their help in the effort to raise Little Leaders by
underwriting the cost of the books.

Contact thetangledball@gmail.com to get
further details on author visits fees and
availability, information on book
discounts, and/or to share ideas.
Top Ten Tips on Raising Little Leaders:  A Workshop for Parents

WHAT TO EXPECT

Susan S. Raisch, author of *Superheroes Wear Mom Jeans: The Tangled Ball® Guide to Anti-Bullying for Parents of Young Children*, shares actionable tips from national experts in psychology, child development, bullying prevention, and internet safety, from Harvard, Yale, International Bullying Prevention Association (IBPA), Common Sense Media, Committee for Children, PACER Center, Understood, Alberti Center for Bullying Abuse Prevention, among many others.

IN THE WORKSHOP, LEARN HOW TO:

- **Protect Your Children’s Confidence**
  - Bullying Prevention Basics

- **Be A Superhero**
  - Developing Go-To Trusted Adult Skills

- **Raise Successful Leaders**
  - Teaching Children How to Respect Themselves & Others

- **Prepare Kids for the New Neighborhood of Technology**
  - Safety & Nurturing Kindness Online

INTERESTED? BOOK A WORKSHOP BY EMAIL.

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more info & resources at www.tangledball.com

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